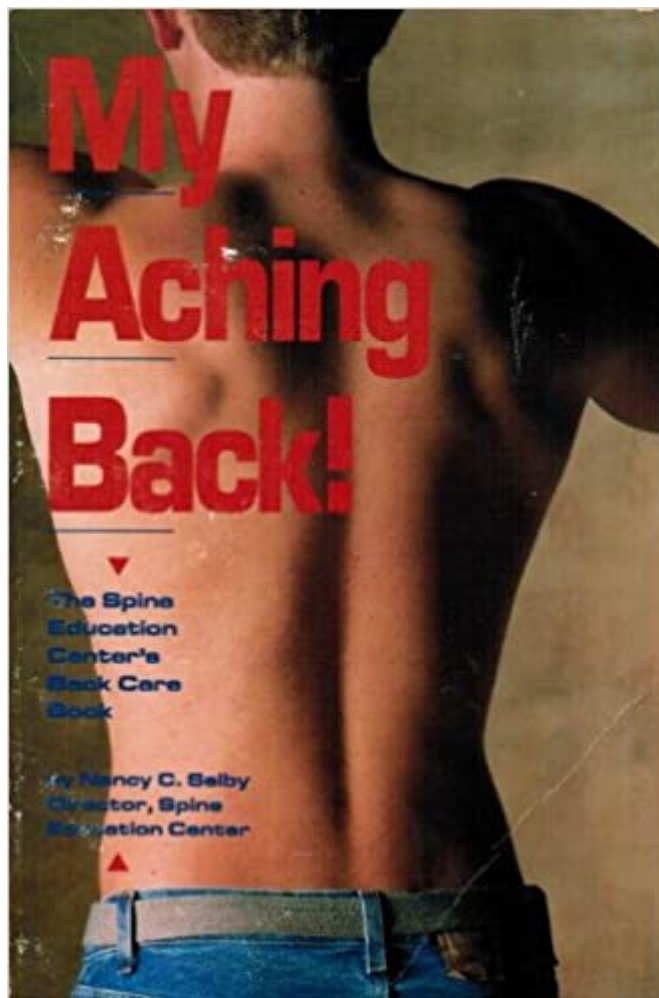


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My Aching Back!



Synopsis

My Aching Back!

Book Information

Paperback: 169 pages

Publisher: Hp Books (December 1988)

Language: English

ISBN-10: 0895867060

ISBN-13: 978-0895867063

Package Dimensions: 8.8 x 5.5 x 0.4 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #868,575 in Books (See Top 100 in Books) #105 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Backache

Customer Reviews

My Aching Back!

The book came in very good condition. It has good info about helping you help yourself to getting a better back.

I bought this for myself years ago, and found it very helpful. This copy is for my sister. She agrees it helps. I'm glad it's still in print.

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